

## 11. HOW TO RESTORE A STRAINED RELATIONSHIP

7. Allow His love to flow  you

Colossians 3:14

14 And over all these virtues put on love, which binds them all together in perfect unity.

Love is not a  but a  and a

Love is a

See beyond their hurtful actions to  hurts, problems and needs and sympathy will arise.

Love is

1 John 3:18

18 Dear children, let us not love with words or tongue but with actions and in truth.

Luke 6:27-28

27 "But I tell you who hear me: Love your enemies, do good to those who hate you,  
28 bless those who curse you, pray for those who ill-treat you.

Let God's love  through you

1 John 4:19

19 We love because he first loved us.

2 Corinthians 5:18

18 All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation.

1 Peter 5:5-8

... all of you, clothe yourselves with humility toward one another, because, "God opposes the proud but gives grace to the humble."

6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

Proverbs 6:16-17

16 There are six things the LORD hates, seven that are detestable to him: 17 haughty eyes ...

Proverbs 13:10

10 Pride only breeds quarrels ...

Proverbs 22:4 "Humility and the fear of the Lord bring wealth, honor, and life."

Humility is the one quality that **disappears** the **moment** you **think** you've got it.

*What is humility?*

It is not putting you

It is not denying your strengths but it's being  about your weaknesses.

Prov 18:1-2

18:1 People who do not get along with others are interested only in themselves; they will disagree with what everyone else knows is right. TEV

Humility is thinking about other people  than me.

2 Corinthians 5:14-16

14 For Christ's love compels us, because we are convinced that one died for all, and therefore all died. 15 And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

## 1. Ask for help

James 4:6

6 But he gives us more grace. That is why Scripture says: "God opposes the proud but gives grace to the humble."

## 2. Affirm their

Romans 12:10

10 Be devoted to one another in brotherly love. Honor one another above yourselves.

Honor: **treasure** as **precious**

Romans 12:10

10 Have a profound respect for each other. JB

Phil 2:3

3 Do not let selfishness or pride be your guide. Instead be humble and give more honor to others than to yourself. NCV

We show respect by

We show respect by recognising their

Don't  on the feelings.

Don't try to  the feelings immediately.

## 3. Allow them to be

Colossians 3:13

13 You must make allowances for each other's faults and forgive the person who offends you. Remember, the Lord forgave you so you must forgive others. NLT

Ephesians 4:2

2 Be humble and gentle. Be patient with each other making allowances for each other's faults because of your love.

1 Corinthians 13:7

7 Love is always ready to make allowances.

## 4. Acknowledge my

Galatians 6:5 Each person must be responsible for himself. NCV

1 John 1:9

9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

James 5:16

16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.

## 5. Abandon your own personal

Galatians 5:13

13 Don't use your freedom just to do whatever you want to do, what pleases you, but rather **serve** one another in love.

1 Peter 2:9

9 But you are a chosen generation, a royal priesthood, a holy nation, His own special people (**purchased possession**), that you may proclaim the praises of Him who called you out of darkness into His marvelous light. NKJV

1 Corinthians 6:4-7

4 Therefore, if you have disputes about such matters, appoint as judges even men of little account in the church!  
5 I say this to shame you. Is it possible that there is nobody among you wise enough to judge a dispute between believers?  
6 But instead, one brother goes to law against another-- and this in front of unbelievers!  
7 The very fact that you have lawsuits among you means you have been completely defeated already. Why not rather be wronged? Why not rather be cheated?

Matthew 18:15-17

15 "If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over.  
16 But if he will not listen, take one or two others along, so that 'every matter may be established by the testimony of two or three witnesses.'  
17 If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, treat him as you would a pagan or a tax collector.

## 6. Adjust to their

Philippians 2:4

4 Each of you should look not only to your own interests, but also to the interests of others. TEV

Romans 15:2

2 We should please others. If we do what helps them we will build them up in the Lord. NLT

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