

How to Pray for your Healing II

A. KEYS TO HEALING AND HEALTH

Gen 6:3
For man's days will be a hundred and twenty years.

1. Rest in God's FAME in His ability as your Healer

Exodus 15:26

2. Rest in Christ's FAITH

3. Rest in Christ's FAVOUR not your own righteousness

4. Rest in Christ's FINISHED work for your healing

5. Rest in Christ's FULL compassion for you

Matthew 14:14 And when Jesus went out He saw a great multitude; and He was moved with **compassion** for them, and healed their sick. NKJV
Job 1:5

Perhaps my children have sinned and cursed God in their hearts." This was Job's regular **custom**.

Heb 10:2
For then would they not have ceased to be offered? For the worshipers, once purified, would have had no more consciousness of sins. NKJV

B. HOW TO PRAY FOR YOUR HEALING?

1. Receiving and confessing God's Words

Proverbs 4:20-22
22 for they are **life** to those who find them and **medicine** to a man's whole body.
Psalms 107:20
He sent forth his **word** and **healed** them; he **rescued** them from the grave.

2. Be open to the rich variety of ways God use to heal

God can heal us through different ways and means:

Medical advances

Matthew 9:12 When Jesus heard that, He said to them, "Those who are well have no need of a physician, but those who are sick."

Nothing wrong with seeking medical treatment – not lack of faith – Jesus recognises the role of doctors
1 Timothy 5:23
23 Stop drinking only water, and use a little wine because of your stomach and your frequent illnesses.

Some – say the wine mentioned in 1 Tim 5 23 is non-alcoholic wine. There is not such distinction in the Greek. If that is the case – how can the Bible say – do not be drunk with wine. As the same word is used, how can one be drunk with non alcoholic wine.

Eph 5:18
Do not get drunk with wine, which will only ruin you; instead, be filled with the Spirit. TEV

Don't be under control of any habit but be controlled by Holy Spirit

1 Thess 5:22
22 Abstain from all appearance of evil. KJV

How can we give an appearance of evil if we are not careful in our drinking?

1 Corinthians 8:9
9 Be careful, however, that the exercise of your freedom does not become a stumbling-block to the weak.

Natural healing

Psalms 139:14 I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well.

Our body - beautifully created - incredible ability to heal by itself - given time and proper food

Leviticus 3:17 "This shall be a perpetual statute throughout your generations in all your dwellings: you shall eat neither fat nor blood."

What are some OT dietary laws that show God's wisdom for healthy living?

Are we going back to laws when we follow the Old Testament guidelines on food?

No
Unless you are obeying the laws to earn your salvation

God's wisdom is seen in the Old Testament laws. Only lately that doctors discovered that saturated animal fats are not good for health. Yet years ago, the Bible already make mention of it. The Bible also mentioned to not to eat fish without scales. Now, scientists tell us that fish without scales are very susceptible to toxins in the water. You can see God's wisdom. Years before our seas are polluted, God has already foreseen that and told us not to eat fish without scales.

2000 2 out of 5 get cancer – National Cancer Society – US

Singapore – 1 in 3 may get cancer – replaced heart failure as no 1 killer in Singapore – food intake in Mal – not much diff

Supernatural healings

The operation of Healing Anointing during worship and when the Word is being preached.

Acts 14:7 And they were preaching the gospel there. And in Lystra a certain man, a cripple from his mother's womb, ... heard Paul speaking. Paul, observing him intently and seeing that he had faith

to be healed,10 said with a loud voice,"Stand up straight on your feet!" And he leaped and walked. NKJV
Luke 5:17

17 One day as he was **teaching** preaching the word to them, ... the power of the Lord was present for him to heal the sick.

Two days ago I woke up with discomfort in my left ear. It also indirectly affected my hearing and balance. I didn't have time to go to the doctor because of certain work that have to be finished. This morning in the 1st Service after worship, Pastor Joshua said to lift up our hands and receive healing. I did so. Then he said specifically a person with a problem in his left ear is being healed right now. I responded immediately in faith by saying "Thank You, Jesus." I didn't feel any difference at that moment. Without me knowing the pain completely left me in a few hours. All glory to the ONE Person who is still performing miracles Jesus Christ.

The Anointing oil and the prayer of faith.

Isa 10:27
27 And it shall come to pass in that day, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the **anointing**. KJV
... the yoke will be destroyed because of the anointing **oil**. NKJV

James 5:14-15
14 Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. 15 And the prayer offered in faith will make the sick person well; the Lord will raise him up.

How to avoid being in bondage to a religious spirit?

Don't take the anointed oil as something magical. It is has to be administrated with the prayer of faith.

My son was studying overseas called home and said he was unwell

for the past 2 months. She took a photocopy of his passport and anointed it with the anointing oil and with a prayer of faith. Next day she received a call from her son who told her suddenly he was totally well. **Brother in Christ.**

Leviticus 14:14-18

Why do you think that the priest anoint the ear first?

Hear right – do right and walk right – mind right

Why the oil is anointed after blood is applied. The power release is not based on the magical power of the oil but the work of Christ on the cross – his blood shed.

The Holy Communion

1 Corinthians 10:16

The cup of blessing that we bless, is it not a partaking of the blood of Christ? The bread which we break, is it not a partaking of the body of Christ? LITV

John 6:51

51 I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever. This bread is my flesh, which I will give for the life of the world."

"Life" in Greek is *zoe*. *Zoe* always refer to physical life, the fullness of life.

So the Holy Communion not only give spiritual life but also physical life to the fullest.

How can just eating be so powerful?

How did sin come?

Eve – took and eat and pass to Adam.

Smith Wigglesworth, whose ministry was documented to

have raised more than 10 people from the dead.

One of them was his wife. Wife died and prayed for her and stood up very angry as she is with the Lord and very happy there. Then she went back to sleep.

Smith died in his 80's. He just dropped and died and the doctors examining him said, they have not found a more perfect human specimen

Why? Take the Lord's Supper every morn.

3. Deal with the root problem

3 John 2 Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

We often start on the surface, dealing with the symptoms. But God deals with the root – the inside, so that the healing is complete.

What are some of the negative emotions that can make us unhealthy and hinder healing?

Cast cares on Jesus

1 Peter 5:6-7 ... casting all your care upon Him, for He cares for you. 8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. NKJV

He may devour – means – some he can't – only those that open door – thru fear.

Job 3:25

25 What I feared has come upon me; what I dreaded has happened to me.

Release any destructive emotions that can poison you

Proverbs 14:30

30 A heart at peace gives life to the body, but envy rots the bones. 30 Peace of mind makes the body healthy, but jealousy is like a cancer. TEV

Resentment - anger – unforgiveness – envy etc – lower your immune system and resistance

One of the causes of cancer

Thankfulness makes us whole Luke 17:19

And He said to him, "Arise, go your way. Your faith has made you whole.

10 lepers – only one came back – Samaritan

Scientists have discovered that the healthiest human emotion is gratitude. People who live with a continuous attitude of gratitude are the most emotionally healthy people. They live longer. They're more healthy physically.

Visited many castles and palaces

– he must do it what – ticker him – counter people – make their day

4. Resting in His faith and in His love

Matthew 14:14 And when Jesus went out He saw a great multitude; and He was moved with **compassion** for them, and healed their sick. NKJV

Learn to live in the consciousness of how much God loves you

Woman with face cancer – healed – after she repented of extreme dislike of herself – rejection

How to face adverse physical circumstances?

If your faith level is low, you can't even confess positively or worship. Rest in His love, listen to Scripture tapes and faith will arise.

Mark 5:35 While Jesus was still speaking, some men came from the house of Jairus, the synagogue ruler. "Your daughter is dead," they said. "Why bother the teacher any more?"

36 Ignoring what they said, Jesus told the synagogue ruler, "Fear not, only believe." NIV, ASV

If you hungry, eat, if you thirsty drink, if you tired, rest. If you need a miracle, only believe

Romans 4:17 As it is written: "I **have made** you a father of many nations." ... - the God who gives life to the dead and calls things that are not as though they were.

What tense is "I have made you."?

Past tense

At that point in time, was Abraham a father of many nations?

No – this is God's way

Calling those things that are not as though they are.

If you are sick – fill mind it with pictures of healthy body

Doctor says – you cannot travel – see your self travelling – get brochures – diff countries

Robin – hospital

– pictures of the car he wanted to purchase

Faith pictures release strength and faith.

Psalms 116:3

The robes of death became tangled around me. The horrors of the grave took hold of me. I experienced pain and agony. But I kept **calling** on the name of the Lord. GodsW

Psalms 67:5-6

5 May the peoples praise you, O God; may all the peoples praise you. 6 Then the land will yield its harvest, and God, our God, will bless us.

Praise him for the healing. Does it mean God only works with flatteries.

No. the most we praise, the more we will be able to focus on his power and compassion. Faith will arise to receive the healing